

The Branch



Branch Issue FIVE: Spring 2010

RISE & SHINE!

Rising to an offer to share with leadership trainers across America, I recently participated in a Tele-Forum organized by the communication team of the Silver Bay Leadership Forum. 24 of us Silver Bay supporters called in to listen to—and share with—executive leadership coach, Rich Cooper of LEAD-USA.com. Rich Cooper authors and delivers workshops on breakthrough thinking.

Participants reflected on Rich's powerful facilitation at the 91st annual Silver Bay Leadership Forum in July 2009. To demonstrate the impact of focused intent, Rich actually guided the group to "break through" a wooden board that symbolized a limiting belief. Like "I'm too old to learn to surf." Or "I'm not a good listener."

Yes, friends, we all have them. And, we need to break 'em! Limiting beliefs crawl into our minds during the "winters" of our lives. Spring-cleaning requires more than just sweeping dust—start to sweep away those limiting thoughts.

Think, Feel and Do! Rich reminds us to pause each day and reflect on three questions: What am I thinking? How do I feel about that topic? What am I going to do today to support the good feeling and/or deal with the challenges?

GET YOUR SHINE ON

Now is the time to help your people conduct a spring-cleaning. Wipe away limiting thoughts—and shine! Inspirational leaders focus on value drivers to penetrate the clouds and breakthrough a ray of inspiration for their Teams.

Get your shine on. Consider a "volun-teaming" event. Rose and I recently guided a client group to volunteer in a project at Second Harvest to assemble foodstuffs for distribution to the less fortunate around the holidays. The participants loved it! They found it to be "purposeful, practical and promoted a positive team spirit." Now—more than ever—there are needs out in our communities to be met. Consider shining some of your light on a community project.

SPRING FORWARD!

Just as the sun sets each evening, so shall it rise at dawn. Here in the Northern Hemisphere, about this time of year, winter is followed by a warmer, brighter spring. Nights are shorter as we "spring forward". The sun seems stronger. Engage this metaphor for a healthy approach to your business development this season. The stage is yours. Leaders; your teams are watching you now for cues. You, your Team, your business community, the market, the economy, the nation, heck...the world is emerging from a metaphorical winter. Let no one mistake your courage for arrogance. Spring forward. Lead with confidence-- and be the first to shine!

DHC champions creative ways for emerging leaders and their teams to invest in human development practices to achieve and celebrate tangible, lasting returns. For more on DHC developments: we invite you to

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